

# BAR MENU

## BAR FOOD SERVED DAILY 12PM UNTIL 8.30PM

## **STARTERS**

HOMEMADE SOUP OF THE DAY (GFA) Today's soup of the day (or Vegan option Red Lentil) served with a warm crusty roll and b	<b>£6.50</b>
MORECAMBE BAY POTTED SHRIMP (GFA) On a toasted muffin, rocket & sweet drop pepper salad	£8.00
CLASSIC PRAWN COCKTAIL (GFA) Atlantic prawns in Marie Rose dressing, salad, lemon & sliced brown bread	£8.00
SALT & PEPPER PLATE   Your choice of chicken, king prawn or Halloumi (V)   Or all	<b>£7.50</b> Il 3 combo £10.45
<b>CAPRESE GARLIC BREAD</b> (GFA) Topped with garlic butter, Mozzarella cheese, fresh tomato & herbs	£6.50
<b>GRAZING PLATTER</b> (VE) Hummus, toasted breads, olives & crunchy vegetables	£7.50
MAIN COURSES	
<b>BEER BATTERED HADDOCK</b> (GFA) Fresh chipped potatoes, mushy peas, tartare sauce & lemon	£16.00
CARTMEL VALLEY CUMBERLAND SAUSAGE Rich onion gravy, mashed potatoes & fresh vegetables	£15.00
HOMEMADE PIE (GFA) STEAK & RED WINE <u>OR</u> CHEESE & ONION Shortcrust pastry case, chipped potatoes, gravy & garden peas	£16.00
BREADED WHOLETAIL SCAMPI Chipped potatoes, dressed salad, tartar sauce and lemon	£16.00
<b>ROAST OF THE DAY</b> (GF) Today's meat of the day or Nut Roast with chef's selection of potatoes & vegetables	£16.00
<b>GAMMON STEAK</b> (GFA) 10oz gammon topped with fried egg, pineapple, tomato, mushroom, onion rings, chips	£17.00
PAN FRIED FILLET STEAK MEDALLIONS (GFA) Cooked to your liking with onion rings, tomato, mushroom & chipped potatoes ADD A SAUCE: choose from Cracked Pink Peppercorn, Diane or Blue Cheese	£26.00
THE GRAND BURGER CHOOSE FROM BEEFBURGER, SOUTHERN FRIED CHICKEN OR PLANT B In a Brioche bun with cheese, lettuce & tomato, dill pickled gherkin, chips & coleslaw	URGER £16.00
BALTI CURRY– YOUR CHOICE OF CHICKEN <u>OR</u> VEGETABLE (GF) Steamed Rice or chips, mango chutney, Naan bread & poppadom	£15.00
THE GRAND PLOUGHMANS Chilled ham, mature cheddar, pickled onions, apple, boiled egg, lettuce, tomato & crusty b	£12.00
PRAWN SALAD Atlantic prawns bound in a Marie Rose sauce, with tomato, salad leaves, lemon & crusty br	£12.00
WARM CHICKEN & BACON SALAD Chicken breast & smoked bacon, in a honey & mustard dressing, tossed salad & crusty bre	<b>£12.00</b>

 $\frac{\mathsf{STRATHMORE}}{\mathsf{Cumbria}\ Grand}$ 



£7.50

£8.50

## **SIDE ORDERS**

CHUNKY CHIPS	£3.75
SKINNY FRIES	£3.75
ONION RINGS	£3.75
SWEET POTATO FRIES	£3.75
HALLOUMI FRIES	£3.75
SIDE SALAD (GF) (V) (VE)	£3.50

#### **LIGHTER BITES**

#### AVAILABLE LUNCH/AFTERNOON ONLY, SERVED DAILY BETWEEN 12PM AND 5PM

**SANDWICHES** (WHITE, BROWN, CIABATTA OR GLUTEN FREE BREAD)

Choose from the following fillings: HONEY ROAST HAM PRAWN MARIE ROSE EGG MAYONNAISE (V) CHEDDAR CHEESE & PICKLE (V) HONEY ROAST HAM & CHEDDAR CHEESE SMOKED SALMON & CUCUMBER

All sandwiches served with salad garnish, coleslaw and tortilla chips

**CIABATTA WITH HOT FILLINGS** 

FISH FINGER, TARTAR SAUCE & ROCKET HOT ROAST BEEF & GRAVY CUMBERLAND SAUSAGE WITH RED ONION MARMALADE BRIE & CRANBERRY (V)

## **DESSERTS**

#### PLEASE ASK YOUR SERVER FOR TODAY'S DESSERT CHOICES

#### **ENGLISH LAKES ICE CREAM SELECTION**

Your choice below of flavours: THUNDER & LIGHTENING DOUBLE JERSEY VANILLA DEATH BY CHOCOLATE CRUSHED STRAWBERRY APPLE CRUMBLE

#### CHEESE & BISCUITS (GFA)

A trio of fine cheese with biscuits, grapes, celery & fruit chutney

£7.00 1 SCOOP £2.00 2 SCOOPS £3.50 3 SCOOPS £5.50

INDIVIDUAL £8.00 SHARING PLATTER FOR 2 £12.00

### FOOD ALLERGEN/DIETARY INFORMATION

(GFA) can be modified to be gluten free (V) suitable for a vegetarian diet (VE) suitable for a vegan diet Should you require any dietary or allergen information on any dish, please ask your server who will source the correct information from our kitchen team.

 $\frac{\mathsf{STRATHMORE}}{\mathsf{Cumbria} \ \mathsf{Grand}}$